



Therapy Only

Information for Applicants

2025-26



Who can apply for Therapy Only

GAN runs three IGA courses over ten block weekends a year and students progress from one course to another and finish their training in different ways and at different stages. For students who have completed, or are about to undertake one of our courses, there is the option of attending the training weekends for Therapy Only. This may apply if:

- You have applied for and been accepted on the Diploma or Qualifying Course but wish to defer for a year and use Therapy Only to help you to prepare for this;
- You have completed the Diploma elsewhere and would like to apply for the Qualifying Course in Manchester but have not had the previous group analytic therapy required;
- Your circumstances mean you want to take a break between courses but still remain connected with the training community and remain in your therapy group;
- You wish to continue the personal group analysis started in either the Qualifying or Diploma courses once the course is completed.

What is the commitment?

There are five therapy sessions and two large groups each training weekend which those in Therapy Only attend. You are asked to commit to a minimum of one academic year, unless you are in Therapy Only following the completion of the Qualifying Course. Currently the Therapy Only takes place on Saturday and Sundays of the weekend.

How to apply

It is important that if you are in a therapy group on either the Diploma or Qualifying Course, you discuss in your small group and with your Training Group Analyst your intention of continuing in therapy for a further period. You must notify the Courses Director of your wish to stay in Therapy Only by no later than the end of the May training weekend. You will then be asked for a month's fees in advance to secure your place; to be received by **31 May 2025**.

If you are not currently in one of our therapy groups, you should have an initial discussion with the Courses Director, Chris MacGregor and the administrator can arrange this for you. Following this, if you would like to apply you should complete the application form and return it with the assessment fee of £100 no later than **Friday 26 April 2025**. Once your application has been received, you will be invited to a clinical assessment which will be carried out by a Group Analyst. This is an opportunity to talk through your reasons for wanting to join one of our groups. Some years places can be limited, so you are advised to contact us as early as possible. If you are offered a place in a therapy group you will be asked to pay a month's fees in advance to secure your place; to be received by **31 May 2025**. In the event that we are unable to offer you a place, your assessment fee will be refunded. To request an application form, contact Bethan Marreiros, Training Administrator, bethan@groupanalysisnorth.com

Fees

The fees for 2025-26 are £4,199.00 The first month's fees will be paid in advance by 31st May 2025 to secure your place. The remaining fees can be paid monthly, or in one lump sum by 31st October 2025.

If you are not already in a therapy group with us, you will also be asked for a £100 clinical assessment fee upon application. There is also an additional fee of £75 be payable for a therapy group intake interview with your allocated Training Group Analyst, if you are offered a place in one of the therapy groups.

Dates for 2025-26

13-14 September 2025

11-12 October 2025

8-9 November 2025

13-14 December 2025

17-18 January 2026

21-22 February 2026

28-29 March 2026

16-17 May 2026

13-14 June 2026

11-12 July 2026 (Courses' Graduation Evening 11 July)

Therapy Only Timetable

Saturday	
9.00 – 10.30	Therapy group
10.30 – 11.00	Break
11.00 – 12.00	Large group
12.00 – 1.00	Lunch
1.00 – 1.20	Student meeting with Courses Director and Administrator – including therapy only
1.30 – 3.00	Therapy group
Sunday	
9.00 – 10.30	Therapy group
10.30 – 11.00	Break
11.00 - 12.00	Large group
12.00 – 12.45	lunch
12.45 – 2.15	Therapy group
2.15 – 2.45	Break
2.45 – 4.15	Therapy group

Absences

If you are unable to attend one or more sessions you must inform Bethan Marreiros, GAN's Operations and Finance Manager in advance and if it is a planned absence, you should inform the therapy group in advance.

Contact to discuss further

Chris MacGregor, Manchester Courses Director, Coursesdirector@groupanalysisnorth.com