



Active Citizenship: Developing Group Dialogue

Group Analysis North is pleased to host an online CPD event for professionals working with groups/interested in working with groups

Saturday 6 December 2025

4 hours from: 1pm UK time, 2pm CET and 8am US time

What happens when people in professional roles consider themselves to be active citizens, taking Group Analytic thinking into our communities.

In a rapidly changing and unsettled geopolitical landscape this event is an opportunity to come together to consider what it is to be an active citizen and of how group analysis can play a role in enabling, empowering and restoring dialogue.

The event is convened by Anna Zajenowska and Jerry Fromm

The day will include an introduction to and participation in “**the Trilogy**” - a moderated group exercise that will give people an opportunity to experience working together as a whole group. In addition, Anna will present her **research** on developing reflective citizenship and dialogue in communities and the session will end with a **Large Group**.

Fee: £110, with early bird rate for bookings before 30 September 2025 - **£95.00**

GAN members: £60, with early bird rate for booking before 30 September 2025 - **£45.00**

GAN Students - no charge, other IGA Students: **£20**

To book a place please contact: Nadine Gregory at: clerical@groupanalysisnorth.com

Anna Zalenkowska is a group analyst, associate professor at Vizja University. She is one of the founders and main organisers of the ‘Poland on the Couch’ project and co author of ‘A Psychoanalytic and Socio- cultural Exploration of a Continent: Europe on the Couch’. Anna is a board member and section chair of a group section in the European Federation for Psychoanalytic Psychotherapy (EFPP).

Jerry Fromm is the immediate past President of the International Dialogue Institute and co editor of the IDI's recent book ‘We Don't Speak of Fear: Large Group Identity, Societal Conflict and Collective Trauma’ (2023). He is Distinguished Faculty and former Director of the Erikson Institute for Education and Research of the Austen Riggs Center. He is a Fellow of the American Board and Academy of Psychoanalysis and was a Visiting Fellow in the Psychotherapy Department of University College London. He is also an Assistant Clinical Professor at the Yale Child Study Center.