

**IGA Courses (Manchester)
in conjunction with The University of
Manchester
& Group Analysis North**

FRIDAY SEMINAR

Friday 22nd March 2019, 10.00 a.m. – 3.00 p.m.

**"GP Stress – A Group Analytic Approach
to Conceptualising and Tackling the
Pressure General Practitioners Work
Under"**

Presented by Cynthia Rogers

Venue: Ellen Wilkinson Building, Manchester Institute of Education, Oxford Road, Manchester, M13 9PL. This seminar takes place in Block A, Ground Floor, Rooms AG3/4

Block A is the opposite side to Oxford Road and 3/4 is diagonally opposite the entrance. Look out for the signs.

Cost:

£75 per seminar (**OR** £30.00 per seminar for GAN members and students on IGA Courses - GAN annual membership available for a fee of £50.00).

Programme for the day

10.00 – 11.10	Introduction & Presentation 1: 'The complex emotional life of a GP - working with the interpersonal dynamics.'
11.10 – 11.30	Break
11.30 – 12.30	Small Group
12.30 – 1.15	Lunch
1.15 – 2.15	Presentation 2 Peer learning sets: Developing Interventions
2.15 – 2.20	Stretch Break
2.20 – 3.00	Large Group discussion

Required Reading

Novakovic, A. & Vincent, D. (eds.) (2019) *Group Analysis: Working with Staff, Teams and Organisations*, Chapter 6 IN Consulting to doctors in general practice: "Don't talk to me about work". Taylor and Francis, London.

Wilke, G. (2005) 'Beyond Balint: a group analytic support model for traumatised doctors' *Group Analysis*. Vol 38(2):265–280. Sage Publications.

Cynthia Rogers

Cynthia is a training group analyst, organisational consultant, supervisor, and company director. With 20 years' experience of reflective practice, her most recent work, nationally with doctors, was informed by her research interest in professional identity. At the first international congress on Median Groups in Bolzano, Italy, Cynthia described her use of median, dialogue groups in reflective practice. She is the author of 'Psychotherapy and Counselling a Professional Business' Wiley 2004, which explores the dynamics associated with earning and sustaining a living as a therapist. This year she has contributed to books on countertransference and reflective practice.

Friday Seminar Staff Team

Erica Burman: University of Manchester liaison, Small Group Conductor

Christopher Davies: Friday Seminar Programme Convenor

Billy Smallwood: Small Group Conductor

Gary Robinson: Small Group Conductor

For further information and/or to book a place, contact:

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