

IGA Courses (Manchester)
in conjunction with The University of Manchester
& Group Analysis North

Friday Seminar

Friday 8th December 2017, 10.00 a.m. – 3.00 p.m.

**'On Theories and Theorizing: A Critical Primer in
Research Methods for Practitioners'**

Presented by Brinley Yare

Brinley Yare has a long-standing interest in teaching research design and practice. He completed his initial academic studies with a PhD in cultural history, which turned out to be unexpectedly good preparation for subsequent training and practice as a psychoanalytic psychotherapist. Having held a number of senior academic posts, he currently teaches research methodology as a staff member on the doctoral programme in Child and Adolescent Psychotherapy at the Tavistock, and leads the 'Experience and Evidence' seminar series for IGA trainees in London. He works in private practice as a psychoanalytic psychotherapist, and clinical and research supervisor.

Programme for the Day

10.00 - 11.10 Presentation - "On Theories and Theorizing: A
Critical Primer in Research Methods for Practitioners"

11.10 - 11.30 Break

11.30 - 12.30 Small group exercise

12.30 - 1.15 Lunch

1.15 - 2.15 Workshop: Hands-on research design: developing
questions from the group

We will aim to discuss three or four research ideas already being thought about by group members, to explore how the ideas presented in the morning might apply in practice to enhance these eventual projects. In each case, I'll invite our volunteers to outline the brief they need to fulfill, and share any ideas in play about how they'll meet those criteria successfully. One of the projects could be a clinical case study, and one a larger project—perhaps even a final-year dissertation or qualifying paper. The projects might be in a very early stage of incubation, or more advanced and formalized. *So, please bring your research ideas for any project you are engaged in or considering.*

2.15 - 2.20 Stretch break

2.20 – 3.00 Plenary

P.T.O. for recommended reading and venue details.

Venue: Ellen Wilkinson Building, Manchester Institute of Education, Oxford Road, Manchester, M13 9PL. Friday Seminars take place in Block B, 4th Floor, Room 3. Easiest access is via Block A (the opposite side to Oxford Road). Take the lift to the 4th floor and proceed down the corridor immediately opposite.

University Rooms

8 December 2017 - B4.3

**(16 March 2018 - A1.13
8 June 2018 - AG3/4)**

Required reading prior to seminar:

Lynch, G. (1996). What is truth? A philosophical introduction to counselling research. *Counselling*, 7(2), 144–148.

Phillips, J. (2004). Understanding/Explanation. In Radwell, J. (Ed.), *The philosophy of psychiatry: A companion* (pp. 180–190). Oxford: University Press.

Additional Reading

Burck, C. (2005). Comparing qualitative research methodologies for systemic research: The use of grounded theory, discourse analysis and narrative analysis. *Journal of Family Therapy*, 27, 237–262.