

GROUP ANALYSIS NORTH ANNUAL BARBARA DICK MEMORIAL LECTURE

“Group Analysis in the Time of Austerity”

Farhad Dalal



Saturday 5th March 2016, 10.00 a.m. — 3.00 p.m.

The programme for the day includes the lecture, lunch, a large group and a plenary

Has group analysis anything to offer in the current climate of cuts & austerity, efficiencies and evidence, targets & outcomes? And indeed can it survive when commissioners demand that the psychological treatments they ‘purchase’ are evidence-based, cheap and brief.

In this talk Farhad will look closely at the assumptions, basis and claims made by these ruling utilitarian conventions. Amongst other things he will show that the reality is very different from the rhetoric; and that the ruling ethos is in the service of being seen to do good, rather than actually doing good.

What should group analysts do in these circumstances? Is there a way of promoting and advocating for the virtues of group analysis to commissioners whilst staying true to its ethos? Should Group Analysts follow the same course as Peter Fonagy and manualize group analytic therapy and then ‘test’ it according to the norms prevalent in academic psychology today? Would such a ‘product’ be recognizable as group analysis?

Dr. Farhad Dalal PhD is a psychotherapist and Group Analyst in private practice in Devon. He also works with organizations. He is Visiting Professor at the PhD School, Open University of Holland. He has been studying and writing on the themes of psychotherapy, discrimination and diversity for many years. His first book *Taking the Group Seriously* argues against individualism and for the relational nature of human life. His second book *Race, Colour and the Processes of Racialization* focuses on the causes of the hatred of others in general and racism in particular. His latest book *Thought Paralysis: The Virtues of Discrimination*, is a constructive critique of the equality movements.

Cost: £50.00 GAN members and IGA students, £65.00 non-members

Venue: Group Analysis North, Newlands Medical Centre, 315 Chorley New Road, Bolton, BL1 5BP

To reserve your place please contact: enquiries@groupanalysisnorth.com



Group Analysis North

GAN AGM continues after the lecture at 3.30p.m.—4.30 p.m.

All members invited and welcome!