

# GROUP ANALYSIS NORTH



Group Analysis North

## Events Programme 2010

### Friday Seminar Study Days

Psychoanalytic study days open to GAN Members and students on IGA Courses.

Friday 12th February 2010

#### **Dreams and Working with Dreams**

**Convened by Dr Keith Hyde**

Keith Hyde is a Group Analyst, a Consultant Psychiatrist for Lancashire Care NHS Trust and he is the Chair of the IGA's Manchester Courses Committee.

Friday 23rd April 2010

#### **Unconscious Communication**

*Transference and countertransference  
Projection and projective identification*

**Convened by Dr Keith Hyde**

Friday 11th June 2010

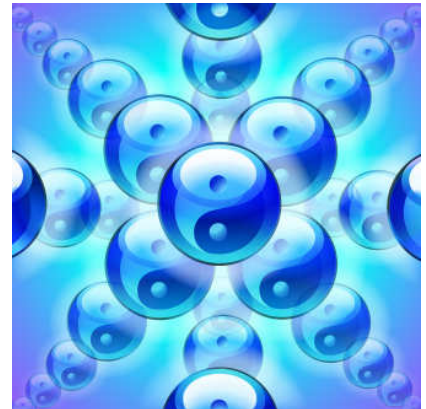
#### **Questions of Substance: Addictions, Groups & Recovery**

**Presented by Martin Weegmann**

Martin Weegmann is a Consultant Clinical Psychologist and Group Analyst. He works in the NHS as Lead for Psychology within SW London Trust, Substance Misuse Services. He has taught and published widely, including co-editor/author of two books:

*Psychodynamics of Addiction* (2002, J. Wiley) and  
*Group Psychotherapy of Addiction* (2004, J. Wiley).

He has finished a new book, *Group Analysis: A Perspectival World*, which integrates group analysis, history and philosophy.



#### **CONTENTS:**

"Love and Power" Annual Lecture

#### **Workshops:**

Introduction to Groupwork

Addressing Violence through Groupwork

Fixed Term Groups

To book a place on any of the above seminars contact:

Bethan Marreiros, Administrator, Group Analysis North, 78 Manchester Road, Swinton, Manchester M27 5FG

**Tel: 0161 728 1633 administrator@groupanalysisnorth.com or visit the web site at [www.groupanalysisnorth.com](http://www.groupanalysisnorth.com)**

**Cost: £30 each for GAN Members or students on an IGA Introductory or General Course**

**Venue for these seminars only:** Manchester Metropolitan University, Elizabeth Gaskell Campus, Hathersage Road, Manchester, M13 0JA

Venue for these events: Group Analysis North,  
The Red House, 78 Manchester Road, Swinton, Manchester, M27 5FG

## **Love and Power – From the Bedroom to the Boardroom; A Group Analytic Perspective**

### **Barbara Dick Annual Lecture, followed by Discussion**

Saturday 27th February 2010, 10.00 a.m. – 3.00 p.m.

**Presented by Sue Einhorn**

The forces of Love and Power can be explored more vividly by using great literature to illustrate our psychoanalytic and group analytic meanderings. Sue Einhorn will look at the famous opening scene in *King Lear* to describe the different qualities of love and discuss how the corruption of these forces can drift into domination and submission. The Lecture will be followed by a group discussion.

**Sue Einhorn** is a Training Group Analyst, supervisor and teacher at the IGA in London. She convenes and conducts a Diploma Training in Group Analysis for clinicians in St. Petersburg, Russia and is a supervisor for groups at the Medical Foundation for Victims of Torture.

**Cost:** £60 (including lunch) £50 'early bird' for bookings made before 1st December 2009. GAN Members £50 and £40 early bird rate.

**For members of GAN, the day will continue with a Large Group from 3.30 p.m., followed by the Annual General Meeting at 5.30 p.m.**



## **Introduction to Working with Groups**

**Workshop—Saturday 8th May 2010, 10.00 a.m. – 4.30 p.m.**

**Chaired by Eileen Gallagher, Group Analyst and Convenor of the Manchester Groupwork Course**

A one day workshop which offers you the chance to:

- \* Find out more about yourself in relation to others and
- \* Look at how people interact within groups in the workplace and in everyday life

The day will involve a combination of:

- Theoretical presentation,
- small experiential groups and
- a large group experience

**No experience necessary.**

**Certificate of attendance awarded.**

**Cost:** £50.00 (including lunch)

Venue for these events: Group Analysis North,  
The Red House, 78 Manchester Road, Swinton, Manchester, M27 5FG

## Cycles of Change: Using Repeated Fixed-Term Groups as a Therapeutic Intervention

**Saturday 26th June 2010, 10.30 a.m. – 4.30 p.m.**

Presented by Dr Sally Mitchison and Debbie Warburton

A workshop intended to explore the barriers, both external and internal, to setting up effective short-term groups in the NHS. Those taking part can expect to enjoy imagining the various ways in which an institutional setting and inner doubts can thwart the development of a group-oriented culture. They could also find their enthusiasm kindling to establish just such a culture where they work.



**Sally Mitchison** is an IGA member who trained in Manchester. She is also a consultant psychiatrist and is responsible for the psychotherapy service in Sunderland. **Debbie Warburton** is a group analyst and adult psychotherapist in the NHS.

**The day will be of interest to:** Group Analysts/group analytic trainees working in the NHS, other professionals running groups in the NHS and NHS hospital managers/departmental leads.

**Cost:** £70 (including lunch) £60 for bookings made before 1st February 2010. GAN members £60 and £50 for early bookings.

## Addressing Violence Through Groupwork

**Friday 26th November 2010 3.45 p.m. – 9.00 p.m.**

Presented by Dr Gwen Adshead and Dr Daniel Beales

Violence appears to be ubiquitous in human relations and is a major cause of human injury and psychological distress. In this workshop, Dan Beales and Gwen Adshead (both forensic psychiatrists and psychotherapists) will discuss how group analytic theory contributes to understanding the origins of violence; and how it can contribute to therapeutic interventions for violent people. Dan and Gwen will draw on their clinical experience of working with patients in secure residential psychiatric care, and the impact of such work on staff and organisations that provide care for offenders.



**Gwen Adshead** is a forensic psychiatrist and psychotherapist, and a member of the Institute of Group Analysis. For the last 10 years she has worked at Broadmoor Hospital as a psychotherapist, running and supervising groups. She also has an interest in attachment theory as applied to forensic work, and in ethical issues that arise in psychotherapy. **Dan Beales** is a forensic psychiatrist and forensic psychotherapist, who trained as a psychoanalytic psychotherapist with the North West Institute of Dynamic Psychotherapy.

**This day will be of interest to:** Therapists, all staff working in secure settings, staff working in community mental health teams; staff working with people with personality disorders; those who are unfamiliar with violent patients.

**Cost:** £60 (including buffet) £50 for bookings made before 31<sup>st</sup> July 2010. GAN members £50 and £40 for early bookings.

**To reserve a place on any workshop or event, see overleaf**

## TRAINING AND OTHER GROUP ANALYSIS NORTH ACTIVITIES

### Training

#### **Manchester Groupwork Course**

A one-year course that provides a foundation for the practice of psychotherapy and an understanding of the way that groups work. The course offers: experiential groups; seminars; lectures and large groups.

#### **Intermediate Course in Group Psychotherapy**

This one year course builds on the experience from IGA Introductory Courses and aims to support the development of specialist skills and competencies in group therapy. It includes personal group therapy, large groups, work reflection groups and theoretical seminars.

#### **IGA Qualifying Course in Group Analysis**

A four year course that provides specialist training in the practice of group analysis, leading to membership of the Institute of Group Analysis and UKCP Registration. The course consists of personal group analysis, supervision and theory seminars. There is an option to proceed to an MSc Degree with Manchester Metropolitan University.

### Activities

#### **GAN Membership**

Join GAN and receive discounts on workshops and other activities, be kept up to date with other group psychotherapy organisations and events and have access to the GAN library. Cost £45.00 per year.

#### **Median Group**

The median group comprises 10-20 individuals who meet on a regular basis to explore how dialogue can be achieved. It mirrors each member's personal experience in the many social groups of which he/she is a part. The experience will be especially useful to those whose working life requires thinking about conflict, change, negotiation and team development; facilitating the capacity to talk "on the level" with those who hold different roles.

#### **Group Analytic Supervision**

Supervision for qualified group analysts and psychotherapist whose training included group analytic psychotherapy. Supervision provided by IGA accredited supervisors. Established groups in Leeds and Manchester.

**For further information on all events and courses please contact:**

**Bethan Marreiros, Administrator, Group Analysis North**

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**Telephone: 0161 728 1633**

**e-mail: [administrator@groupanalysisnorth.com](mailto:administrator@groupanalysisnorth.com)**

**Or visit the web site : [www.groupanalysisnorth.com](http://www.groupanalysisnorth.com)**